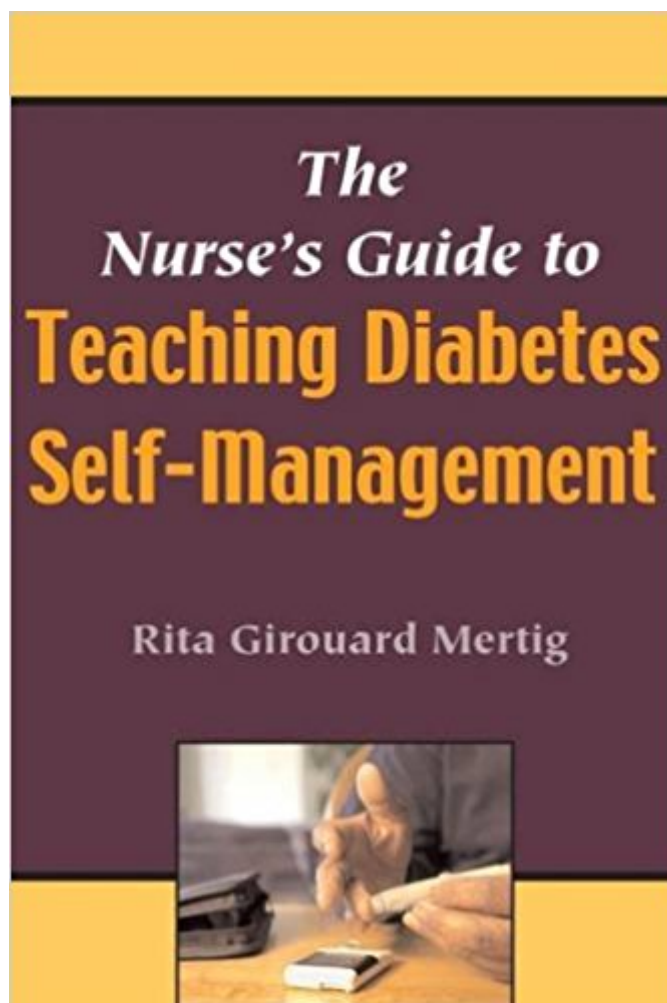


The book was found

The Nurse's Guide To Teaching Diabetes Self-Management



Synopsis

As the population of diabetes patients continues to grow, nurses and care-givers must keep up with the daunting task of teaching patients to care for themselves. In this groundbreaking new guide, Rita Girouard Mertig provides the clinical guidance and expertise nurses need to successfully teach diabetes self-management and compliance to adults, children, and parents. Ranging from the basics of diabetes to providing the most up-to-date information on drug therapies, everything you need to effectively instruct patients and help them gain control of their diabetes therapy is here. Topics covered include: Nutrition management Exercise Medications Glycemic Control Continuous Glucose Monitor Children with Diabetes and Their Parents Adolescents with Diabetes Diabetes in Adults with Special Needs Diabetes and Mental Illness Client Noncompliance Addressing the most important and current topics necessary for successful self-regulation and maintenance of diabetes, this new innovative desk reference provides a quick guide and instructional tool for nurses and caregivers everywhere.

Book Information

Paperback: 184 pages

Publisher: Springer Publishing Company; 1 edition (September 18, 2006)

Language: English

ISBN-10: 0826102255

ISBN-13: 978-0826102256

Product Dimensions: 6.1 x 0.4 x 9 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,181,853 in Books (See Top 100 in Books) #113 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nursing Home Care](#) #175 in [Books > Medical Books > Nursing > Nursing Home Care](#) #508 in [Books > Textbooks > Medicine & Health Sciences > Nursing > Reference](#)

Customer Reviews

"As the population of diabetes patients continues to grow, nurses and care-givers must keep up with the daunting task of teaching patients to care for themselves. In this groundbreaking new guide, Rita Girouard Mertig provides the clinical guidance and expertise nurses need to successfully teach diabetes self-management and compliance to adults, children, and parents. Ranging from the basics of diabetes to providing the most up-to-date information on drug therapies, everything you need to

effectively instruct patients and help them gain control of their diabetes therapy is here. Topics covered include: Nutrition management Exercise Medications Glycemic Control Continuous Glucose Monitor Children with Diabetes and Their Parents Adolescents with Diabetes Diabetes in Adults with Special Needs Diabetes and Mental Illness Client Noncompliance Addressing the most important and current topics necessary for successful self-regulation and maintenance of diabetes, this new innovative desk reference provides a quick guide and instructional tool for nurses and caregivers everywhere."

Rita Girouard Mertig, MS, RNC, CNS, DE has been a registered nurse for 45 years with a Master of Science degree. She has taught nursing in a variety of programs and retired after 21 years from teaching an associate degree nursing program in which she also taught nutrition. She is a clinical nurse specialist and is certified in maternity-newborn nursing. She also is a certified childbirth educator and is a member of the American Association of Diabetes Educators, the Association of Women's Health, Obstetrics and Neonatal Nurses Association, and Sigma Theta Tau. Rita also has had type 1 diabetes for 25 years and has used an insulin pump for 15 years. She currently volunteers at CrossOver Ministries clinic, where she teaches classes and conducts one-on-one sessions on weight management and diabetes management for clients with minimal ability to pay for services. During the 1980s and 90s, Rita led a support group for people with diabetes who were using insulin under the auspices of the American Diabetes Association, Richmond (VA) chapter, has also served on the American Diabetes Association board of directors and received the ADA's, Virginia Affiliate "Diabetes Educator of the Year" award. Diabetes of the Year, 1989. She has previously authored three books, Teaching Nursing in an Associate Degree Program (2003) and The Nurses' Guide to Teaching Diabetes Self-Management, first edition (2007) both published by Springer Publishing Company and What Nurses Know . . . Diabetes (2011) published by Demos Medical Publishing.

This is a great book for people who are just diagnosed with Diabetes or someone who has had Diabetes for a while. My husband has just been diagnosed. I am still reading this. Great. You should be very proud, Jenson Online, of the service you provide to your customers. Thank you.

[Download to continue reading...](#)

Type 2 Diabetes: The Type 2 Diabetes Guide With Powerful Type 2 Diabetes Tips (Free Checklist Included) [Type 2 Diabetes, Type 2 Diabetes Cure, Type 2 Diabetes Diet, Diabetes Diet, Diabetes Magazine] Diabetes Diet:: Lower Your Blood Sugar Naturally (Diabetes Diet, Diabetes for Dummies,

Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer, Diabetes Solution, Diabetes Cure)
TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to
Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES,diabetic
cookbook,type 2 diabetes) Reverse Diabetes: Stop Diabetes Without Drugs (Type 1 and 2
Diabetes, Symptoms, Diabetes Cure, Diabetes Solution, Diabetes Cookbook, Diabetes Diet,
Diabetes Nutrition) DIABETES Killer Formula: The Miraculous Guide Will Fully Reverse Your
Diabetes and In A Natural Way. (Diabetes Diet, Diabetes Recipes, Diabetes Cure, Reversing ... 2
Diabetes, Diabetes Destroyer,) Diabetes: Diabetes Black Book: Reverse Diabetes Forever With 25
Superfoods (Reverse Diabetes, Diabetes Diet, Diabetes Cure, Insulin, Diabetes recipes) Diabetes
Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower Blood
Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood Sugar)
Diabetes: The Most Effective Diabetic Superfoods To Reverse And Prevent Diabetes (Diabetes
Diet, Diabetes Cure, Insulin, Type 2 Diabetes, Reverse Diabetes) Diabetes: Reverse Diabetes In 4
Weeks With Proven Step By Step Methods And Superior Strategies (+ Bonus Cheatsheet)
(Diabetes Diet, Diabetes Type 2, Diabetes Cookbook, Insulin, Diabetes Solution) Diabetes: Step by
Step Diabetes Diet to Reverse Diabetes, Lower Your Blood Sugar and Live Well (Diabetes,
Diabetes Diet, Diabetic Cookbook, Reverse Diabetes) American Diabetes Association Complete
Guide to Diabetes: The Ultimate Home Reference from the Diabetes Experts (American Diabetes
Association Complete Guide to Diabetes) Diabetes: Reverse Diabetes Naturally & Safely: The Simple
& Effective Changes You Can Make In Order To Reduce Blood Sugar Levels & Cure Diabetes ...
End Diabetes, Type 1 Diabetes, Insulin) Diabetes: 2017 The Secrets About Diabetes that You
Never Knew (Diabetes Diet,Reverse Type 2, Diabetes Insulin Resistance, Diabetes Cure, Lower
Blood Sugar to Normal) Reverse Diabetes: The Natural Way - How To Be Diabetes-Free In 21
Days: 7-Step Success System (Symptoms Of Diabetes, Type 2 Diabetes, Reversing Diabetes,
Diabetic Health) Cure diabetes : Diabetic No More: Normalize Blood Sugar, Reverse Diabetes, and
Say Goodbye to Drugs and Testing Forever (Symptoms Of Diabetes, Type 2 Diabetes, Reversing
Diabetes, Diabetic Health) DIABETES: 15 Super Foods To Quickly And Safely Lower Blood Sugar:
How To Reverse and Prevent Diabetes Naturally (Natural Diabetes Cure - Diabetes Natural
Remedies - Natural Diabetes Remedies) The Nurse's Guide To Teaching Diabetes
Self-Management Diabetes: 60+ Powerful Diabetic Superfoods to Reverse Diabetes, Regulate
Insulin, Control Blood Sugar, and Lower Blood Pressure (Diabetes Diet, Diabetic, ... Type 2
Diabetes, Insulin Resistance Book 1) Diabetes: Reverse type 2 diabetes, lower your blood sugar,
and live a healthier life in 12 simple steps (Diabetes, Type 2 Diabetes, Blood Sugar, Sugar, Insulin,

Fat, Diet, Unhealthy Diet, Book 5) Diabetes: One Week Diabetes Meal Plan To Help You Improve Your Blood Glucose, Blood Pressure, And Cholesterol Numbers And Help Keep Your Weight On ... Reverse Diabetes, Diabetes Meal Plan)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)